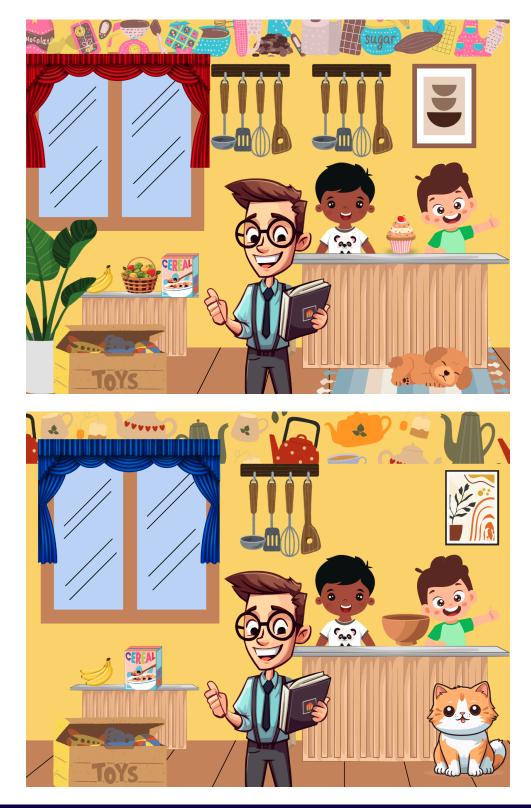


## Activity: Spot, Mix, and Describe!

Step 1: Can you find all the differences? Circle them when you spot them!



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Step 2: Create your own snack using the recipe below.

Recipe Name: Build-Your-Own Snack Mix

Ingredients:

- Rice cereal squares (like Chex)
- Mini pretzels
- Dried cranberries
- Sunflower seeds or pumpkin seeds (optional for added texture)
- Mini marshmallows (optional for a treat)

## Instructions:

- 1. Grab a small bowl or cup for your snack mix.
- 2. Look at the bowls of yummy ingredients on the table.
- 3. Scoop up the ones you like best and mix them together in your bowl.
- 4. Enjoy your tasty creation!

Step 3: Use these sentence starters to write or talk about these activities.

- One thing I noticed that was different is
- I found \_\_\_\_\_\_ in one picture but not the other.
- My favorite part of making the snack mix was
- I would describe the snack as
- If I made it again, I would add

## **Teacher - Occupational Therapist Activity Information**

Spot, Mix, and Describe! supports visual-motor, fine motor, and language skills:

- Spot the Difference: Builds visual discrimination, scanning, and attention to detail.
- Snack Mix: Improves fine motor coordination (scooping/mixing), motor planning, and sensory exploration.
- Reflection: Encourages language development, self-expression, and critical thinking with sentence starters.

Key Benefits:

- Strengthens visual-motor integration and executive functioning.
- Promotes engagement, independence, and adaptability for all skill levels.